Violence Against Women

- On average more than three women are murdered by their husbands or boyfriends EVERY DAY!
- EVERY 15 Seconds a woman is beaten.
- 1 out of 3 women AROUND the world has been beaten, coerced into sex or otherwise abused during her lifetime.

Department of Justice, Bureau of Justice Statistics, violence against women 5/17/2003
What Is Domestic Violence?

- It is emotional or physical abuse, or the threat of physical abuse, between family or members including: spouses, former spouses, parents, children, stepchildren, persons who live together, persons who are dating. Nashville police 1998
Four Types of Domestic Violence
What Is Considered Physical Abuse?

- Slapping, pushing or poking
  - kicking, the twisting of any limbs,
  - pulling hair, biting, choking,
  - shaking or throwing someone
  - around the room, any form of
  - restraint.  

  Nashville police 1998
What Is Emotional or Psychological Abuse?

- Name-calling or yelling
- Using of angry expressions or gestures
- Humiliation
- Isolation
- Constant belittlement of another person

Nashville Police 1998
Symptoms - Emotional Abuse

- Putting him/her down
- Making him/her feel bad about themselves
- Calling him/her names
- Making him/her think she/he’s crazy
- Making him/her feel guilty

Nashville Police 1998
What is Sexual Abuse?

- Sexual degrading remarks, unwanted touching, forced touching, rape, withholding intimacy, infidelity, prostitution, disease

WWW.enddomesticviolence.com
What is Economic Abuse?
• humiliating remarks, child support, sabotaging credit/welfare, starvation, allowance, work refusal, job harassment, control $ /resources, homelessness, medical crisis

www.enddomesticviolence.com
What is Spiritual Abuse?

• Ridiculing beliefs as childlike, withholding permission to participate
The Warning Signs of Coming Abuse

- Increased use of alcohol or drugs
- A desire to have sex for wrong reasons
- Insistence that you do things his way

Womenspace 2004
The Warning Signs of Coming Abuse

- Clinging to you constantly
- Drawing you away from seeing family or friends
- Threats to commit suicide if you ever leave
- Unpredictable behavior

Womenspace 2004
Questions to Ask Yourself About Your Partner…

- Are they a take charge person? OR someone who controls every detail?
- Loving and attentive? OR Demanding and Jealous?
- Charming and fun? OR Must be center of attention?
- Smart and interesting? OR Ignores or makes fun of your ideas?
Common Characteristics of Battered Women

- Low self esteem
- Traditionalist about the home
- Accept responsibility for the batterer’s actions
- Suffer from guilt

Nashville Police 1998
How Men Cope

• Macho-I can handle it
• Men don’t tell-Men face greater disbelief & ridicule
• Hiding from it
• Denial
• Shame- A real man could keep his wife under control

www.batteredmen.com
The Escape Plan

- **Identification:** Drivers license, Social security cards for you and children, green card, passport, work permit
- **Medications**
- **Money:** checkbooks, credit cards

- Mid-valley Women’s Crisis Service
Escape Plan

• Address Book
• Change of clothes for you and the kids

Mid-Valley Women’s crisis Service