Study Guide for Test 1 Speech 218

Chapter 2 Self-Concept Self-Esteem

You should understand
Know the difference between self concept and self esteem
Know the differences between perceived self and presenting self
What is meant by self fulfilling prophecy?
What are the four steps to changing self concept?
Know the definitions for each of the above terms; in addition you should know the following

Key terms:
Face
Identity management
Significant other
Self monitors

Sample questions
People who are high self monitors
  a) are much more aware of their impression management behavior than others
  b) express what they are feeling without paying much attention to the impression their behavior creates
  c) are usually bad actors
  d) are easier to “read” than low self monitors
The self-concept
  a) causes all of our communication behavior
  b) prevents low self-esteem
  c) is partially shaped by significant others from our past
  d) is the significant way that others will view us in the future
  e) all of the above

Chapter 3 Perception

You should understand
How the process of selection, organization, and interpretation affect a communicator’s perception of others.
How perception checking can be used to clarify your understanding of another person’s point of view.
What are the three elements needed for successful perception checking?

Key Terms
Attribution
Empathy
Perceptual Schema
Interpretation
Organization
Perception checking
Pillow method
Punctuation
Selection
Stereotyping

Sample Questions
All of the following would be included in a good definition of empathy except
  a) it helps rid communication of an indifferent quality
  b) it minimizes threat to the self-concept
  c) it includes nonverbal behavior
d) it is likely to reduce defensiveness
e) it involves agreeing with the others position
How could you improve this perception-checking statement? When you gave me an F on my essay, I figured you hated me Right?

a) describe behavior
b) give another interpretation
c) request clarification
d) say less
e) it is a great perception checking statement just the way it is.

Chapter 6 Nonverbal Communication

You should understand
Know the seven functions of nonverbal communication
Know the five differences between verbal and nonverbal communication
What are Hall’s Zone of Proxemics?
What are the nonverbal behaviors that suggest a person is attempting an act of deception
What is meant by the term body language?
In what ways does clothing communicate nonverbally?

Key Terms
- Deceiving
- Emblems
- Gestures
- Kinesics
- Nonverbal communication

- Hall’s zones of proxemics
- Regulating
- Repeating
- Substituting
- Territory

Sample Questions
Hall’s distance zones are
a) personal, impersonal, social, public
b) intimate, personal, social, public
c) intimate, nonintimate, social, public,
d) open, blind, hidden, unknown
e) none of the above

Vocal intonation patterns, audible breaths, eye contact patterns, and pauses in a conversation are nonverbal behaviors that illustrate the nonverbal function of
a) substituting
b) regulating
c) accenting
d) repeating
e) complementing