Chapter 1
Science vs. Pseudoscience (know characteristics of both)
Scientific Method (steps; description, correlation, experimentation)
Info from video (see CA#1 – video viewing guide)

Chapter 2
Neurons (structure; communication - steps)
Neurotransmitters (two main types, specific types - info from handout)
The Nervous System (know divisions and definitions)
The Brain (structures from handout)

Chapter 14
Stress Response System (fight or flight; HPA; GAS)
Types and Nature of Stressors (what is worst kind of stress)
Stress and Illness
Promoting Health (control, explanatory style, social support)
Cognitive Appraisal of Stress (diagram presented in class – possible essay question)
Managing Stress (exercise, diet, etc)

Chapter 15
Psychoanalytic Perspective (Freud, neo-freudians, assessment, contributions/problems)
Humanistic Perspective (Maslow & Rogers; contributions/problems)
Trait Perspective (Biology, Five Factor Model; evaluation)
Social Cognitive Perspective and Putting the puzzle together (CA#3 – possible essay question).