



5. Describe the five different ways that people express love. Why is it important to understand this? What is the *new golden rule*?

6. What is *attachment style*? Why is this idea important? Describe the three types, how they develop, and how the style can be carried into adult relationships.

7. In the *Bricks and Balloons* section, what is each attempting to do for the other? What is the downside of looking for what's missing? What are *external* and *internal balance*, and which is best?



12. What is *differentiation*? Why is it important?

13. Describe the seven *marriage myths*.

14. Describe the trend in divorce rate and the possible reasons for the trend. Describe current thinking about the effects of divorce on children.