GOAL SETTING

Read pp. 40-48 in Chapter 2: Self-Motivation and Goal Setting. Using the Guidelines for Goal Setting (pp. 46-48), come up with 5 personal or career goals for yourself. Remember to use the guidelines when creating your goals!!! Next, write an Action Plan for each of your goals (see pp. 45-46).

NOTE: THIS WAS ASSIGNED AS HOMEWORK ON 7-7-03 AND IS DUE ON 7-9-03 AT THE BEGINNING OF CLASS. REMEMBER: ALL HOMEWORK SHOULD BE Typed AND DOUBLE-SPACED!!!