

Instructor: Melinda Beane, Ph.D.  
Email: beanem@linnbenton.edu  
Office Hours: Tuesdays 1:30-2:20pm (T-232)

**Course Description:** An introduction to the study of psychological disorders, including issues of diagnosis and treatment. Topics include: models of abnormality; overview of major disorders, including diagnostic considerations; current research on treatment effectiveness; and the impact of psychological disorders on society and its legal system.

*There are no prerequisites for this course, however, placement at or above the ALS 115 Advanced College Reading and Learning Strategies and WR 115 Introduction to College Writing levels are highly recommended for success in this course.*

### Course Learning Outcomes

Upon successful completion of this course, students will be able to:

- Understand and describe basic research in psychology.
- Understand basic statistics & apply knowledge of statistics to information presented in the media
- Define abnormality from the perspective of deviance, distress, dysfunction, & danger
- Distinguish relative merits of models for understanding psychological abnormality
- Identify key approaches to accurate diagnosis
- Explain structure and content of the DSM-V
- Describe each of the major anxiety disorders and effective treatments for each
- Identify symptoms of depression and mania and discuss the genetic factors of each
- Know central features of eating disorders
- Describe the diagnostic criteria and etiology of schizophrenia
- Describe, discuss and apply the diathesis-stress paradigm for serious mental disorders
- Discuss criteria and etiology of depression & bipolar disorder.
- Identify developmental factors in personality disorders

### Required Materials:

Cromer, R (2016). *Fundamentals of Abnormal Psychology*, 8th Edition. Worth Publishers: New York, New York.

LaunchPad Access Code for Psychology is bundled free with the purchase of this textbook from the LBCC bookstore

**Welcome *PSY219 Introduction to Abnormal Psychology*.** In this class, there will be some lecture, discussions, and class activities which involve working in small groups or pairs. These experiences will provide an opportunity for you to reflect on your reading and your everyday life and are designed to contribute to the learning process.

**Attendance:** This is a lecture, small group and student participation class. Attendance is important. Participation activity points are given for in-class activities. If you miss a class, do not contact me. Connect with fellow students to get the information that you need.

**Email:** Use your LBCC email account to communicate with me. When you email me, it is important that you identify your full name and the course that you are attending. I will not respond to emails without this information.

**In the classroom...** *It is important that all students feel welcome in class and comfortable asking questions and sharing their ideas during discussions and activities. Often there will be differing opinions, perspectives and experiences. To facilitate meaningful discussions, it is important to respect and honor each other, to listen graciously when others are speaking, and to agree to disagree in a respectful manner.*

### **Course Requirements**

Your final grade will be determined by your performance on the following:

**Assignments:** There are two assignments. Each assignment must be typed, double spaced and be about 1 page in length. It must be printed out and turned in at the beginning of class on the day that it is due. Assignments may not be turned in via email. Be certain to keep a copy of your assignment. Each assignment consists of short answer questions which are designed to provide an opportunity for you to build your personal understanding of psychology.

**Quizzes (take home):** There are 2 take home quizzes. Each quiz will be handed out in class one week before it is due. Quizzes must be turned in at the beginning of class on the day that they are due. You may turn in a quiz early. Quizzes primarily cover your reading in the textbook. Items for each quiz include multiple choice, true/false and matching questions.

**Class Activity participation:** Receive points for participation during in-class activities and discussion. Ten class dates will be selected to earn participation points. I will announce eligible class dates at the beginning of the qualifying class period.

**Exams** Exam 1 will be given at the beginning of class on Tuesday, February 12th. Exam 1 covers weeks 1-5 lecture material, in-class activities, discussions, videos, and text chapters (chapters 1-5). Exam 2 will be given on Tuesday, March 20 at 4:30pm. Exam 2 covers weeks 6-10 lecture material, in-class activities, discussions, videos, and text chapters (chapters 6, 7, 12, 9, 13). Items consist of multiple choice, true/false and matching questions.

### Summary of course Requirements

Requirement	Summary	Points possible per unit	Units	Total
Assignments	opportunity to develop your personal understanding about psychology	10	X2	20
Quizzes (take home)	2 take home quizzes that are open book	10	X2	20
Class Activity Participation	Participation during in-class activities	5	X10	50
Exams	Exam 1 : Chapters 1-5 Exam 2 : Chapters 6, 7, 12, 9, 13	100	X2	200

Grades are figured on straight percentage based on the total number of points possible.

A = 90 – 100%

B = 80 – 89%

C = 70 – 79%

D = 60 – 69%

F = 50% or below

**Incomplete Grades:** You may be eligible for an ‘incomplete’ grade if you have finished 90% of the class work. If you have an ‘Incomplete’, all coursework must be finished by the end of the next term. I can only award an ‘A’, ‘B’, ‘C’, ‘D’, or ‘F’ grade. You must contact me at least one week before the end of the term with proper documentation to receive an Incomplete.

**Cheating/Plagiarism:** Be certain to do your own work. Using someone else’s work as your own or using information or ideas without proper citation (which is called plagiarism) can lead to your failing the assignment, test or class. Bibliographies and in text citations are required whenever you use outside sources, including internet sources (unless otherwise indicated by me). You must provide material written in your own words.

**Inclusion Policy:** To promote academic excellence and learning environments that encourage multiple perspectives and the free exchange of ideas, all courses at LBCC will provide students the opportunity to interact with values, opinions, and/or beliefs different from their own in safe, positive and nurturing learning environments. LBCC is committed to producing culturally literate individuals capable of interacting, collaborating and problem solving in an ever-changing community and diverse workforce.

**Linn Benton Community College's Mission Statement and Responsibility:**

To engage in an education that allows all of us to participate in, contribute to, and benefit from the cultural richness and economic vitality of our communities.

**Preparedness:** Come to class prepared to discuss the reading assignments. Complete your weekly assigned readings before you attend class on the week it is due.

**Accessibility Resources**

You should meet with your instructor during the first week of class if: 1. You have a documented disability and need accommodations. 2. Your instructor needs to know medical information about you. 3. You need special arrangements in the event of an emergency.

If you have documented your disability, remember that you must make your request for accommodations through the Center for Accessibility Resources Online Services web page every term in order to receive accommodations. If you believe you may need accommodations but are not yet registered with CFAR, please visit the CFAR website at [www.linnbenton.edu/cfar](http://www.linnbenton.edu/cfar) for steps on how to apply for services or call 541-917-4789.

		Course Calendar		
Date	Week	Topic	Chapter	Assignments, quizzes, exams
1_9	1	Introduction to Abnormal Psychology	1	
1_16	2	Models of Abnormality	2	assignment 1 due Jan18th
1_23	3	Clinical Assessment, diagnosis, treatment	3	
1_30	4	Anxiety & Obsessive-compulsive disorders	4	
2_6	5	Disorders of trauma & stress PTSD	5	Quiz 1 due Feb 6th
2_13	6	Depressive & bipolar disorders	6	Exam 1 on Feb 13th
2_20	7	Depressive & bipolar disorders	6	
2_27	8	Suicide Mental health & stress	7	assignment 2 due Feb 27th
3_6	9	Schizophrenia	12	Quiz 2 due Mar 8th
3_13	10	Eating Disorders Personality disorders	9 13	
3_20	finals			Exam 2 on Mar 20 <sup>th</sup> at 4:30pm